




Like a meal? call **307-348-7387** by 9 am, morning of the meal. **Thank You!**

<b>DECEMBER</b> <b>2024</b> 	<b>MONDAY</b> 2 Beef Stroganoff Noodles Squash Blend Wheat Bread ½ Banana Milk	<b>TUESDAY</b> 3 Chicken A La King Biscuits Beets Pears Pudding Milk	<b>WEDNESDAY</b> 4 Chili w/ Cheese & Onion Colleens Harvest Salad Applesauce Cinnamon Roll Milk	<b>THURSDAY</b> 5 Sweet & Sour Pork Steamed Rice Oriental Vegetables Egg Roll Mandarin Oranges Milk	<b>FRIDAY</b> 6 Roast Beef Mashed Pot./Gravy Tossed Salad Mixed Vegetables Wheat Roll Peaches Milk	<b>SATURDAY</b> 7
<b>Recommended Serving Sizes</b> 3 oz. meat ½ cup of vegetables ½ cup of fruit 2 servings of bread or complex carbohydrate 1 cup of 2% milk	<b>MONDAY</b> 9 Beef Wellington Oven Potatoes Broccoli Wheat Bread Apricots Milk	<b>TUESDAY</b> 10 Pork Roast Sweet Potatoes Mixed Green Salad Wheat Roll Pears Milk	<b>WEDNESDAY</b> 11 Vegetable Soup Turkey Sandwich w/ Lettuce & Tomato Pickle Pineapple Tidbits Cookie Milk	<b>THURSDAY</b> 12 Chicken Enchilada Spanish Rice Mexicali Corn Fruit Milk	<b>FRIDAY</b> 13 Beef Goulash Lettuce & Tomato Salad Brussels Sprouts Wheat Roll ½ Banana Milk	<b>SATURDAY</b> 14
	<b>MONDAY</b> 16 Sloppy Jo Tater Tots Tossed Salad Mixed Vegetables Pears Milk	<b>TUESDAY</b> 17 Grilled Chicken Sandwich Pasta Salad Green Beans Cherry Crisp Milk	<b>WEDNESDAY</b> 18 Beef Stew Veggie Salad Cheese & Onion Roll Fruited Jell-O Whipped Topping Milk	<b>THURSDAY</b> 19 Cheeseburger Onion, Lettuce & Tomato French Fries Corn Pineapple Tidbits Milk	<b>Friday</b> 20 Oven Chicken Mashed Pot./Gravy Steamed Carrots Wheat Roll Strawberry - Shortcake Milk	<b>SATURDAY</b> 21
	<b>MONDAY</b> 23 Meatloaf O'Brien Potatoes Cauliflower Wheat Roll Tropical Fruit Milk	<b>TUESDAY</b> 24 Lasagna Salad w/ Garbanzo Beans Peas & Carrots Garlic Bread ½ Orange Milk	<b>WEDNESDAY</b> 25 <p style="text-align: center;">                         Christmas                          Holiday                          Closed   </p>	<b>THURSDAY</b> 26 Tuna Casserole Mixed Vegetables Wheat Bread Fruit Cocktail Milk	<b>FRIDAY</b> 27 Crab Cakes Macaroni & Cheese Mixed Green Salad Wheat Bread Sliced Apples Milk	<b>SATURDAY</b> 28
	<b>MONDAY</b> 30 Chicken Fried Steak Mashed Pot. / Gravy Green Beans Wheat Roll Peaches Brownie Milk	<b>FRIDAY</b> 31 Baked Fish Wild Rice Stewed Tomatoes Wheat Roll Fruit Milk	<b>HAPPY BIRTHDAY TO:</b>	Sally O'Connor Dec. 7 Rolly Bowen Dec. 15 Bug Menke Dec. 17 Steve Bonner Dec. 18	